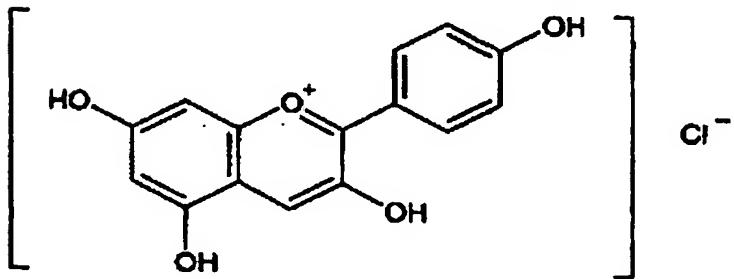


What is claimed is:

1. A method for preventing or treating allergic diseases, comprising administering an effective amount of black rice extract to an individual in need thereof.
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2. The method of claim 1, wherein the black rice extract comprises pelargonidin represented by
10 Formula 1 or cyanidin glycoside represented by Formula 2.
3. A method for preventing or treating allergic diseases, comprising administering an effective amount of pelargonidin represented by Formula 1,
15 pharmaceutically acceptable salts or glycosides thereof to an individual in need thereof.

<Formula 1>

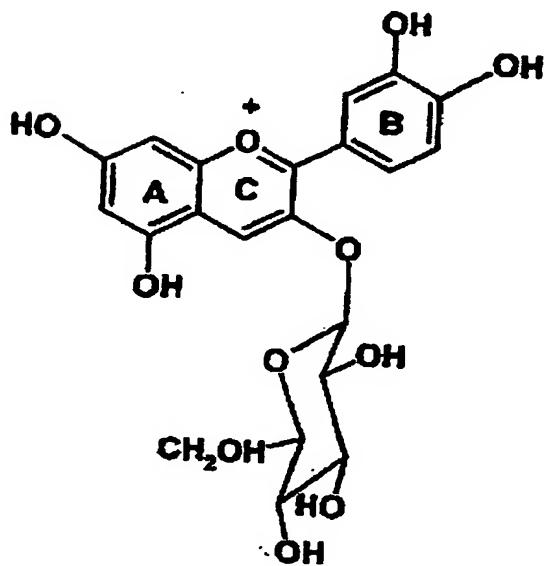


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4. A method for preventing or treating allergic

diseases, comprising administering an effective amount of cyanidin glycoside (cyanidin 3-O- β -glucopyranoside) represented by Formula 2 or pharmaceutically acceptable salts thereof to an individual in need thereof.

5 <Formula 2>



5. A method for inhibiting the accumulation of eosinophiles in cells, tissues or a body, comprising
10 administering pelargonidin represented by Formula 1,
pharmaceutically acceptable salts or glycosides thereof to an individual in need thereof.

15 6. A method for inhibiting the accumulation of eosinophiles in cells, tissues or a body, comprising administering cyanidin glycoside represented by

Formula 2 or pharmaceutically acceptable salts thereof to an individual in need thereof.

7. The method of anyone of claims 1 to 4, wherein the allergic disease is selected from a group consisting of bronchial asthma, chronic obstructive pulmonary disease, hay fever, vasomotor rhinitis, hypertrophic rhinitis, allergic bronchitis, transient pulmonary infiltration, allergic gastritis, allergic diarrhea, allergic stomatitis, intestinal purpura, periarteritis nodosa, occlusive endarteritis, angina pectoris, endocarditis, urticaria, angioneurotic edema, erythema nodosum, purpura, atopic dermatitis, phlycten, sympathetic ophthalmia, allergic conjunctivitis and allergic keratitis.
8. The method of claim 7, wherein the allergic disease is bronchial asthma or chronic obstructive pulmonary disease.
9. A composition for preventing or treating allergic diseases comprising one or more selected from a group consisting of black rice extract, pelargonidin represented by Formula 1 or cyanidin glycoside represented by Formula 2.
10. A use of black rice extract for the preparation of a

therapeutic agent for preventing or treating allergic diseases.

11. A use of pelargonidin, pharmaceutically acceptable salts or glycosides thereof for the preparation of a therapeutic agent for preventing or treating allergic diseases.
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12. A use of cyanidin glycoside (cyanidin 3-O- β -glucopyranoside) for the preparation of a therapeutic agent for preventing or treating allergic diseases.
10
13. The use of anyone of claims 10 to 12, wherein the allergic disease is selected from a group consisting of bronchial asthma, chronic obstructive pulmonary disease, hay fever, vasomotor rhinitis, hypertrophic rhinitis, allergic bronchitis, transient pulmonary infiltration, allergic gastritis, allergic diarrhea, allergic stomatitis, intestinal purpura, periarteritis nodosa, occlusive endarteritis, angina pectoris, endocarditis, urticaria, angioneurotic edema, erythema nodosum, purpura, atopic dermatitis, phlycten, sympathetic ophthalmia, allergic conjunctivitis and allergic keratitis.
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14. A use of pelargonidin represented by Formula 1,
pharmaceutically acceptable salts or glycosides
thereof for the preparation of a therapeutic agent
for inhibiting the accumulation of eosinophiles in
5 cells, tissues or an individual in need thereof.

15. A use of cyanidin glycoside represented by Formula 2
or pharmaceutically acceptable salts thereof for the
preparation of a therapeutic agent for inhibiting
10 the accumulation of eosinophiles in cells, tissues
or individual in need thereof.